

## Group Coaching with Neelam - Class Agreement

Group Coaching is a highly valuable and effective way to support yourself on your Twin Flame Ascension Journey. There are a few things that are important to know when entering group coaching.

Knowing these things will allow you to receive the maximum benefit of class time. Group coaching offers

a highly supportive environment for healing because there is a lot more energy in a class vs. 1:1. The healing energy is amplified greatly and so it's easier for you to work through your blocks in a group

setting this way. Love speaks to each and every person perfectly through everyone, even if you're not the

one receiving personal attention at any given moment. God speaks to you directly through all your fellow

classmates. Not to mention making friends and building relationships on this journey is invaluable and

critical to your success and there is truly no better place to do that than group coaching. I very much

encourage making friends and connecting with your fellow classmates! Having the support of friends on

the same journey as you is invaluable.

### The class agreement is as follows:

1. The purpose of group coaching with me is to study, apply, embody and master the Teachings of

Union. My job is to help you unlock the full potential of this work, whose purpose is to bring you home into your Perfect Union with God and your Twin Flame. We will be focused on doing the Mirror Exercise and going deeper always with the work. There are no deviations from this. I am here to support you all in attaining your Harmonious Twin Flame Unions and master your Twin Flame Ascension Journeys.

2. Follow along – as each person works through their blocks, it's an excellent time and space for you

to also heal along with your fellow classmates. When others are doing the Mirror Exercise you can do the Mirror Exercise too and focus on your heart.

3. Be courteous to others – group coaching is not a space for complaining or venting your upsets towards your Twin Flame, God, etc. Please be mindful of when/if you may be using the space to vent rather than to heal. This is a solution oriented space. Please show up on time and also have your camera off if you're walking around a lot or doing something like eating. Being in group coaching is like we're all sitting in a sacred circle together in person. Those same rules apply here

too.

4. Release expectations - God has a specific message and lesson just for you in each class. If you're

only sitting and waiting for your turn to speak and you're not present or listening to God through everyone else then you'll miss the point and benefit of group coaching. Being in a group amplifies the vibration of healing. When so many people come together with the intention of working through blocks and healing separation consciousness it uplifts us all and creates an

environment that's highly conducive to healing. When you're healing along with everyone else it makes it so much easier to work through your own blocks than if you were doing it on your own. Take advantage of this time and use it wisely – it's an excellent opportunity for accelerated healing and spiritual growth.

5. Love is the leader – some classes you may see everyone speaking, others one or two people speaking, etc. I follow the voice and flow of love. My classes are modeled after Twin Flame Ascension School, so I allow God to always guide me on how to direct class. Whoever is speaking is the person God is flowing through in that moment so pay attention, be present and listen to what God has to say to you specifically through that person. God speaks through all!

6. Trust the process and have fun! The purpose of the class is for us to heal and Ascend together, and attune ourselves to the vibration of Harmonious Twin Flame Union. This is a safe and sacred space where we focus on healing inner separation which is the key to healing external separation consciousness.

7. Only you can do the work. I can only guide you, invite you and set an example of how to embody the Teachings of Union and heal separation from God. I, nor can anyone else, do the work for you. I am like a sherpa guiding you up the mountain of Twin Flame Ascension, but only you can do the work of walking up the mountain, facing your own challenges and healing your own blocks. My presence in your journey, and the presents of your fellow classmates, is there to support you. I am here to stand with you, help you and offer guidance on your path. You truly have everything you need for success in this community and the one thing that makes it all work is your commitment. I highly recommend fully honoring your commitment to this class and it's a good indicator of how you're treating and approaching your Twin Flame journey and relationship with God. Missing classes isn't really beneficial and in my experience God always helps you work out your schedule so that you can be present. Where there's a will there's a way.

8. Be on time – if you are more than 10 minutes late you forfeit the class as per my business agreement and disclaimer on my website. Any missed classes on the client's behalf will not be refunded or rescheduled due to the nature of this work. Spiritual energy is exchanged the moment you make the commitment to be there.